

T. BAJA 2018



H. Apertura:
ABRIL / SEPTIEMBRE
 09:00 - 13:00 H.
 16:00 - 20:00 H.

Carretera Sant Martí d'Empúries,
 s/n, 17470 Sant Pere Pescador,
 Girona

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

08:00 - 09:00

YOGA*

YOGA*

09:00 - 10:00

10:00 - 11:00

SPARTAN TR.

SPINNING

X Fit

SPINNING

SPARTAN TR.

11:00 - 12:00

X Fit

Abs & Gluts

FLEX&BALANCE

FLEX&BALANCE

12:00 - 13:00

Surf Training

Surf Training

13:00 - 14:00

14:00 - 15:00

15:00 - 16:00

16:00 - 17:00

17:00 - 18:00

X Fit

SPINNING

SPINNING

SPINNING

18:00 - 19:00

Abs & Gluts

Abs & Gluts

SPARTAN TR.

X Fit

Abs & Gluts

19:00 - 20:00

FLEX&BALANCE

Surf Training

FLEX&BALANCE

20:00 - 21:00

21:00 - 22:00